

USE & FOLLOW UP for First Responders

<p>Before responding to a participant in crisis</p>	<ul style="list-style-type: none"> ▪ Establish that this is an appropriate time to use a plan. ▪ Search in WISHIN Pulse or Portal for a CA;tCH Plan when responding to a welfare check or behavioral health crisis. ▪ Take time whenever possible to review the plan and print a copy. ▪ Take a moment for a self check in before engaging participant. ▪ Do <u>not</u> communicate details of the plan over radio that can be heard by the public or share with anyone who is not a trained CA:tCH Plan partner.
<p>Using a plan with a participant in crisis</p>	<ul style="list-style-type: none"> ▪ Let the participant know you have a copy of their plan and would like to use it to help. Show them a copy. ▪ Stay in the moment and let them know they are safe. ▪ Offer to call a support person listed on the plan. Ask if this is still a good person to call. ▪ Offer to help them do an activity to calm down.
<p>Ashland PD</p> <p>Follow up after a plan is used</p>	<ul style="list-style-type: none"> ▪ Report Plan use to your Project Lead. ▪ Contact to the facilitator of the plan to let them know the plan was used and leave your contact information in case they would like to reach you for more information. ▪ Project Lead- Document Plan use in CA:tCH / WISHIN Portal
<p>Bayfield Sheriff's Office</p> <p>Follow up after a plan is used</p>	<ul style="list-style-type: none"> ▪ Document Plan use in the CA:tCH / WISHIN Portal. ▪ Contact to the facilitator of the plan to let them know the plan was used and leave your contact information in case they would like to reach you for more information.