CA:tCH Plans

Why use a CA:tCH Plan?

Everyone needs help sometimes. Your community is here to help if you feel unsafe or need assistance.

Create a plan with a trusted facilitator and it will be available for caregivers, doctors, therapists, police or emergency service personnel to use when you need assistance. **What you share is up to you.**

You may want to create a safety plan if you:

- Have mental health or substance use challenges that put you at risk for hospitalization.
- Have a disability that may require special care or information for first responders, such as dementia or autism.
- · Worry that you may harm yourself or others.
- · Are having thoughts of suicide.
- · Are at risk for an overdose.

When would my CA:tCH Plan be used?

Your plan can only be accessed if you give permission OR in a time of crisis by people who are CA:tCH partners *and* part of your care team.



Learn more about how to make a CA:tCH Plan

Residents of Ashland and Bayfield Counties, Red Cliff, and Bad River who would like to make an appointment to learn more contact:

Ashland County Health & Human Services Adult Services

630 Sanborn Ave, Ashland, WI

715-682-7004

Or

Bayfield County

Department of Human Services

117 E 5th St, Washburn, WI

715-373-6144

Or

NorthLakes Community Clinic

Community Health Workers

300 Main St W, Ashland, WI

715-685-2200



Scan to Learn More Online https://www.catchwi.com/participant-info.html

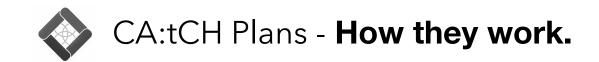
CA:tCH Plans

Everyone needs help sometimes. Your community is here to CAtCH you if you fall.



CA:tCH Plans are personal safety plans where you can share how **you** would like support from community partners in Ashland and Bayfield Counties when you feel unsafe or need assistance.

Name and contact of person making the referra	l.



Who will have access to my plan?

Only people at CA:tCH partner agencies who are part of your care team or care at the time of a crisis will have access to your plan. Only some staff at each agency have been trained and are authorized to use the plans.

CA:tCH Partner Agencies are located in Ashland and Bayfield Counties, they include:

- · County Health and Human Services
- · Medical and Behavioral Health Providers
- Police and Sheriff's Department
- School District(s)

A full list of agencies can be viewed in the Release of Information (ROI).

What is the ROI?

The ROI (Release of Information) is a document you sign that gives permission to share your CA:tCH Plan with CA:tCH Partners who may be part of your care team in a time of crisis. It also gives permission for CA:tCH Partners to contact the people you identified as supports such as family member or caregiver. Without the ROI, CA:tCH Plans cannot be used.

What is in the plan?

You decide what gets added to the plan that will help you in a time of crisis. To help community partners assist you the plan will include:

- Your name, address, and contact information
- · What it looks like if you are struggling
- · What helps to make things better
- Who and how to contact people you trust to help
- Who not to contact

What if I want to change or remove my plan?

- If your needs change you can update or remove your plan from the system.
- After one year your plan will expire and be removed from the system unless you choose to renew your plan
- To remove your plan you can contact your plan facilitator or any CA:tCH Partner.
- Plans will not be removed during a time of crisis.

Where will my plan be kept?

Plans will be stored securely in an online system available 24 hours a day called the WISHIN/CA:tCH Portal. WISHIN is a statewide patient health information exchange organization that works with health care providers to safely store health records. They have designed a system for our community to store CA:tCH Plans.

The WISHIN /CA:tCH Portal will also store your contact and demographic information.

I already have a safety plan with another organization, what is **different** about this one?

CA:tCH Plans come with a Release of Information (ROI) that allows other community partners to see and use your plan in a time of crisis.

